Brand name: Solmack Q-Arl D

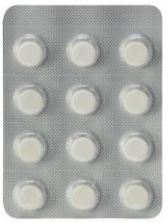
RISK CATEGORIES

Designated second-class OTC drug

Antidiarrheal drug

CHARACTERISTICS

- Contains three active ingredients that are effective for symptoms of diarrhea: Loperamide Hydrochloride, the digestive enzyme Biodiastase 2000, and lactic acid bacteria Lactomin
- Comes in easy-to-take chewable tablets that can be taken without water



INDICATIONS

Diarrhea caused by overeating/overdrinking, and diarrhea caused by getting chilled while asleep

DOSAGE AND ADMINISTRATION

Chew or dissolve the following amount in the mouth.
Discontinue use once diarrhea stops.
Allow at least 4 hours between doses.

Age	Single dose	Daily dose
Adult (15 years and over)	2 tablets	Twice
Under 15 years old	Do not take.	

PRECAUTIONS FOR USE

(1) Strictly follow the prescribed dosage and administration.
(2) How to remove a tablet
As shown in the figure on the right, push the convex part of the PTP sheet containing the tablet strongly with your fingertips to break the aluminum foil on the back side and take out the tablet. (If you accidentally swallow the blister pack, it may penetrate the esophageal mucosa or cause other unexpected accidents.)

FOR FURTHER INFORMATION

Distributed by:	TAIHO PHARMACEUTICAL CO., LTD.
Manufactured and distributed by:	DAISHO PHARMACEUTICAL CO., LTD.
Dosage form	Tablet
Packaging unit	12 tablets
Manufacturer's suggested retail price	JPY 1,320 (JPY 1,200 excluding tax)
JAN Code	4987117400311
Expiration	3 years

INGREDIENTS, CONTENTS, AND FUNCTION (1 day's dose / 4 tablets)

ACTIVE INGREDIENTS	Amount	Function
Loperamide Hydrochloride	1 mg	Suppresses diarrhea by improving excessive intestinal movement and abnormal water absorption and secretion in the intestinal mucosa.
Biodiastase 2000	90 mg	Helps the digestion of undigested matter in the gastrointestinal tract.
Lactomin (Enterococcus faecalis)	20 mg	Lactobacillus (beneficial bacteria) regulates the disturbed balance of intestinal bacteria.

Inactive ingredients: D-mannitol, Xylitol, Microcrystalline Cellulose, Crospovidone, Dibasic Calcium Phosphate, Lactose Hydrate, Magnesium Aluminometasilicate, Magnesium Stearate, *l*-Menthol

PRECAUTIONS FOR STORAGE AND HANDLING

(1) Store in a cool place, away from direct sunlight.
(2) Keep out of reach of children.
(3) Do not transfer to another container. (May result in misuse or alter the quality.)

PRECAUTIONS FOR USE

The following precautions should be observed.

(If not observed, it may aggravate the current symptoms or increase the risk of adverse reactions.)

1. The following persons should not take this medicine.

Persons who have had an allergic symptom to this medicine or its ingredients.

2. This medicine should not be taken together with the following drugs.

Gastrointestinal analgesic/antispasmodic

3. After taking this medicine, do not drive a car or operate machinery (drowsiness may occur).

4. Do not drink alcohol before/after taking this medicine.

Consultation

1. The following persons should consult a physician, pharmacist or registered salesperson before using this medicine.

(1) Persons under the treatment of a physician
(2) Persons with diarrhea with fever, bloody stool, or persistent mucous stool
(3) Persons with acute severe diarrhea, or diarrhea with symptoms such as abdominal pain, abdominal bloating, or nausea
(Forcibly stopping diarrhea with this medicine may actually worsen the disease.)
(4) Persons with anal diseases or other conditions that should avoid constipation
(This medicine may cause constipation.)
(5) Pregnant women or possibly pregnant women
(6) Nursing women
(7) The elderly
(8) Persons who have previously had allergic symptoms to medicines

2. The following symptoms may be adverse reactions to this medicine. If any of these symptoms occur, discontinue use of the medicine immediately and consult a physician, pharmacist or registered salesperson, showing this document.

Affected body system	Symptoms
Skin	Rash/redness, itching
Gastrointestinal system	Constipation, abdominal bloating, abdominal discomfort Nausea, abdominal pain, vomiting, loss of appetite
Neuropsychiatric system	Dizziness

The following serious symptoms may rarely occur after using this medicine. If any of these symptoms occur, immediately consult a physician.

Symptom name	Symptoms
Shock (anaphylaxis)	Symptoms such as itching of the skin, hives, hoarseness, sneezing, itchy throat, breathing difficulties, palpitations, and clouding of consciousness may occur immediately after taking this medicine.
Oculomucocutaneous syndrome (Stevens-Johnson syndrome), toxic epidermal necrolysis	Hyperthermia, ocular hyperaemia, eye discharge, lip erosion, sore throat, or widespread skin rash/redness may persist or suddenly worsen.
Ileus-like symptoms (symptoms such as intestinal obstruction)	Severe abdominal pain, cessation of gas discharge (farting), vomiting, and severe constipation accompanied by abdominal bloating may occur.

3. The following symptoms may occur after using this medicine. If any of these symptoms persist or worsen, discontinue use of the medicine and consult a physician, pharmacist or registered salesperson, showing this document.

Drowsiness

4. If symptoms do not improve after using this medicine for two to three days, discontinue use of the medicine and consult a physician, pharmacist or registered salesperson, showing this document.

CONTACT

For inquiries, please contact the shop where you purchased the product or the following:

Distributor Contact: Customer Relations Office, Taiho Pharmaceutical Co., Ltd.
1-27 Kandanishiki-cho, Chiyoda-ku, Tokyo, 101-8444, Japan
Phone: 0120-4527-66
Business hours: 9:00–17:00 (Excluding weekends and holidays)
Website: https://www.taiho.co.jp/

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