

Brand name: Henseki

RISK CATEGORIES
Second-class OTC drug

CHARACTERISTICS

- This is a medicine to reduce adiposity
It contains 11 types of crude drugs to reduce abdominal fat and excess fat in the body. Crude drugs contained in Henseki excrete waste products and water from stool and blood, and activate the metabolism.
- The medicine is suitable for persons with all constitutional types.
Henseki is an originally formulated herbal medicine. As the medicine is suitable for persons with all constitutional types, it is recommended to reduce excess fat.
- No additives
The medicine is manufactured only from crude drugs, and contains no additives.



ACTIVE INGREDIENTS

Three pouches (6 g) contain the following crude drugs.
 Powdered Alisma Tuber...0.86 g,
 Powdered Rhubarb...0.43 g
 Powdered Ginger...0.43 g,
 Powdered Glycyrrhiza...0.43 g
 Powdered Cinnamon Bark...0.43 g,
 Powdered Peony Root...0.43 g
 Powdered Moutan Bark...0.43 g,
 Powdered Polyporus Sclerotium...0.86 g
 Powdered Bupleurum Root...0.86 g,
 Powdered Pinelliae Tuber...0.43 g
 Powdered Cimicifuga Rhizome...0.43 g
 No additives

<Precautions>

As this medicine is manufactured from crude drugs, slight difference in color and taste may occur between each product, but will not affect the quality.

INDICATIONS

Adiposis

For further information:

Distributed by:	TAIHO PHARMACEUTICAL CO., LTD.	
Manufactured and Distributed by:	Tatebayashi Shokakudo Co., Ltd.	
Dosage form	Powder	
Packaging unit	2 g x 21 pouches	2 g x 60 pouches
Manufacturer's suggested retail price	JPY 2,090 (JPY 1,900 excluding tax)	JPY 5,280 (JPY 4,800 excluding tax)
JAN Code	4987117670448	4987117670417
Expiration	5 years	

DOSAGE AND ADMINISTRATION

Take the medicine with water or warm water between meals.

Age	Dose	Daily dose
Adults (16 years or over)	1 pouch	3 times
7 to 15 years	1/2 pouch	
Under 7 years	Do not use.	

Between meals mean 2 to 3 hours after meals.

<Precautions>

For children, use under parental guidance.

PRECAUTIONS FOR USE

☒ The following precaution should be observed.

(If not observed, it may aggravate the current symptoms or increase the risk of adverse reactions.) Lactating mothers should avoid using the medicine or stop breastfeeding.

Consultation

1. The following persons should consult a physician, pharmacist or registered salesperson before using this medicine.

- (1) Persons under treatment by a physician
- (2) Pregnant women or possibly pregnant women
- (3) Persons who are physically weak (declining of strength or constitutional weakness)
- (4) Persons who have gastrointestinal weakness and are prone to diarrhea
- (5) Persons with a history of rash, redness, itching, etc. due to any drug
- (6) Persons who are taking the following drugs

Cathartic drugs (laxatives)

2. The following symptoms may be adverse reactions to the medicine. If any of these symptoms occur, discontinue the use of the medicine immediately, and consult a physician, pharmacist or registered salesperson with this leaflet.

Affected body system	Symptoms
Skin	Rash, redness, itching
Gastrointestinal	Diarrhea accompanied by severe abdominal pain, abdominal pain, constipation, feeling queasy/vomiting
Others	Oedema

3. The following symptoms may be adverse reactions to the medicine. If any of these symptoms persist or get worse, discontinue the use of the medicine immediately, and consult a physician, pharmacist or registered salesperson with this leaflet.

Soft stool, diarrhea

4. If symptoms do not improve after using the medicine for about one month, consult a physician, pharmacist or registered salesperson with this leaflet.