

Brand Name Tiovita Drink Alvitassu Zero

**RISK CATEGORIES**  
Third-class OTC drug

**Characteristics**  
●Nourishing tonic medicine

Free of sugar and caffeine, 7 kcal per bottle (100 mL)  
Blueberry flavored



**Content of the active ingredients per bottle (100 mL)**  
Taurine 1000 mg, inositol 50 mg, nicotinamide 20 mg, thiamine nitrate (vitamin B1) 10 mg, riboflavin sodium phosphate (vitamin B2) 15 mg, pyridoxine hydrochloride (vitamin B6) 50 mg, carnitine chloride 120 mg

**Additives:** Erythritol, acesulfame potassium, sucralose, citric acid, sodium citrate, propyl gallate, sodium benzoate, pH adjuster, vanillin, ethylvanillin, triethyl citrate, methyl salicylate, eugenol, flavor

Detailed information

Manufactured and Distributed by	Taiho Pharmaceutical Co., Ltd.			
Dosage form	Liquid preparation			
Packing unit	100 mL x 1 bottle	100 mL x 3 bottles	100 mL x 10 bottles	100 mL x 50 bottles
Manufacturer's suggested retail price	JPY 198 (JPY 180 excluding tax)	JPY 594 (JPY 540 excluding tax)	JPY 1,980 (JPY 1,800 excluding tax)	JPY 9,900 (JPY 9,000 excluding tax)
JAN Code	4987117439908	4987117439939	4987117439915	4987117439922
Expiration date	3 years			

**Dosage and Administration**  
Adults (age 15 and over) may take one bottle of the product (100 mL) once daily.

- The product may not be taken by children (age less than 15)
- The dosage and administration mentioned above need to be followed.

**Indications**

- Nourishing and tonic effects
- Frailty
- Nutritional support in case of physical fatigue, during/after illness, anorexia, malnutrition, febrile wasting disease, before/after child delivery, etc.

**Precautions/Need of consultation**

1. If eruption has appeared on the skin after use of this product, it may reflect an adverse reaction. Discontinue use of the product immediately in such an event, and visit a physician, a pharmacist or the registered salesperson, carrying this product, to seek consultation.
2. After intake of the product, diarrhea may appear. If diarrhea persists or intensifies, you should discontinue taking this product and visit a physician or a pharmacist, while carrying this product, to seek consultation.
3. If the symptoms do not alleviate after using the product for a while, visit a physician, a pharmacist or the registered salesperson, while carrying this product, to seek consultation.