

Brand name: Tiovita Gold α

RISK CATEGORIES
Designated quasi-drug

CHARACTERISTICS
I Vitamin health drink
- The medicine contains lycium fruit and glossy privet which have nutritional fortification effects.
- "Give nutrition and vitality" to modern people who already feel fatigue in the morning!
- "American cherry flavor" which is easy-to-take for both men and women
- It only has "46 kcal".



ACTIVE INGREDIENTS
Per 50 mL bottle
Lycium Fruit Extract 250 mg (equivalent to 1,000 mg of lycium fruit), Glossy Privet Extract 30 mg (equivalent to 201 mg of glossy privet), Thiamine Nitrate (Vitamin B1) 10 mg, Riboflavin Sodium Phosphate (Vitamin B2) 5 mg, Pyridoxine Hydrochloride (Vitamin B6) 10 mg, Nicotinamide 25 mg, Anhydrous Caffeine 50 mg

Inactive ingredients: Fructose, Propylene Glycol, Povidone, Citric Acid, Sodium Benzoate, pH Adjuster, Vanillin, Flavor

- Shake well before use. As this medicine contains crud drugs, it may cause precipitation.
- Urine may turn yellow because of vitamin B2 contained in the medicine. It is nothing to worry about.

INDICATIONS
○ Improvement/prevention of physical exhaustion associated with malnutrition in one's daily lives
◆ Eye strain ◆ Shoulder, neck, hip or knee problems
○ Maintenance/improvement of physical stamina, resistance, or concentration.
○ Improvement/prevention of fatigue

PRECAUTIONS FOR USE

- Consultation
1. Because diarrhea may occur after taking the product, if diarrhea continues or gets worse, stop using the product and consult a physician, pharmacist, or registered distributor with the product.
 2. If there is no improvement in your symptoms after using the product for a while, stop using the product and consult a physician, pharmacist, or registered distributor with the product.

For further information:

Manufactured and Distributed by:	TAIHO PHARMACEUTICAL CO., LTD.		
Dosage form	Liquid		
Packaging unit	50 mL x 1 bottle	50 mL x 3bottles	50 mL x 10 bottles
Manufacturer's suggested retail price	JPY 306 (JPY 278 excluding tax)	JPY 917 (JPY 834 excluding tax)	JPY 3,058 (JPY 2,780 excluding tax)
JAN Code	4987117439601	4987117439656	4987117439618
Expiration	3 years		

DOSAGE AND ADMINISTRATION
Adults (15 years and over): Take 1 bottle (50 mL) once daily.
● Do not use in children (under 15 years).
● Follow the dosing instruction. (Please pay attention to overdose if other products containing vitamins are concomitantly used.)